



**JP INTERNATIONAL SCHOOL, GREATER NOIDA  
SESSION – 2023- 24**

**Date: 19/06/23  
Circular No: JPIS/23/47**

Dear Parents,

Greetings !

**“Yoga is a light, which once lit will never dim.  
The better your practice, the brighter your flame”**

The United Nations has declared 21st June as 'International Day of Yoga' (IDY). It has been a worldwide celebration for the last 8 years and has effectively facilitated the global dissemination of the significance of practicing Yoga for overall health and well-being and enduring sustainable lifestyle.

You are cordially invited to attend the yoga session in the school premises at 8:00am. Kindly carry your yoga mat & water bottle with you.

Those who are unable to come , can join through the following link:  
<https://meet.google.com/tcz-cvcu-evj>

Kindly download the app (My Govt. App) or click this link(<https://www.mygov.in/campaigns/international-yoga-day/>) to participate in the following competition and share the screenshot to the respected class teachers.

**“Yoga my pride “Photography Contest”**

- Quiz
- International Day of Yoga
- Y-Break App Quiz
- Poem Writing Competition
- Create a Doodle
- Compose a Jingle on use of Y break App
- Pledge

Regards

  
**Ms. Ruby Chandel (Principal)**  
[principal@jpinternational.co.in](mailto:principal@jpinternational.co.in)